

## Proteomic Characterization of IgY Preparations Purified with a Water Dilution Method

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Antigen-specific chicken IgY antibodies have been used for oral immunotherapy as an alternative or complement to antibiotics in several studies. The water dilution (WD) method has several advantages for purifying IgY. It is rapid, efficient, suitable for large-scale production, and nothing but water is added. The water-soluble fraction contains other proteins and lipids besides IgY. The protein content was characterized by two-dimensional gel electrophoresis (2DGE) and nanoflow liquid chromatography coupled offline to matrix-assisted laser desorption/ionization time-of-flight tandem mass spectrometry (nanoLC-MALDI TOF/TOF MS). Protein analysis was complicated due to the large dynamic concentration range, but 26 proteins could be identified. The relative protein concentrations in different batches were very similar according to protein patterns on 1D gels and protein concentration determinations. Thus, the purification method has a high reproducibility. The concentrations of cholesterol and triglycerides were low and should not have an effect on the plasma levels of treated patients. Purification of IgY for oral use with WD is therefore a recommended method.

**KEYWORDS:** Egg yolk; water dilution method; two-dimensional gel electrophoresis; nanoLC-MALDI TOF/TOF MS

### INTRODUCTION

There is increasing interest in the use of immunoglobulin Y (IgY) from chicken eggs for immunotherapeutic and immunodiagnostic purposes, and the importance of eggs as a source of antibodies is well recognized. The egg yolk contains high concentrations of antibodies, but the high concentration of lipids in the egg yolk is a major problem in the purification of the antibodies. The egg yolk of the hen egg is mainly composed of proteins and lipids and can be separated into a granular and a plasma fraction (1). The plasma fraction can be further divided into low-density lipoproteins and a water-soluble part. The water-soluble part contains livetins including IgY. IgY is the most abundant serum antibody in the chicken and functionally similar to both mammalian IgG and IgE (2). IgY antibodies are actively transferred from the hen serum to the egg yolk where they are found in high concentration (3). Specific antibodies are obtained by immunizing the hen with the antigen of interest. There are several ways to purify IgY from the egg yolk, for example, salt, dextran sulfate, xanthan, gum, ethanol, and polyethylene glycol precipitation, thiophilic chromatography, or water dilution (WD) (4–6). The WD method yields preparations containing water-soluble egg yolk proteins and

some lipids (4). This method is simple, rapid, suitable for large-scale production, and efficient for obtaining IgY with high activity (5).

IgY is attractive for oral immunotherapy because it neither activates the human complement system nor reacts with rheumatoid factors, human anti-mouse antibodies, or human Fc receptors, which are all well-known cell activators and mediators of inflammation (7). The WD method does not include any toxic compounds or any other additives, but water. Therefore, orally administered IgY treatment is comparable to eating eggs and is as such nontoxic as long as the subject is not egg allergic.

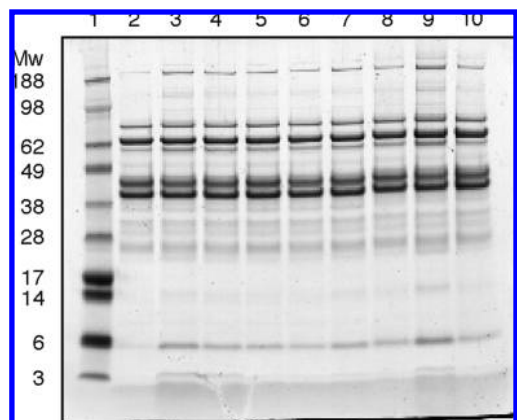
Specific IgY antibodies are an alternative to antibiotics for humans and animals. Several animal studies and a number of human studies on IgY against different pathogens have proven IgY to effectively treat and prevent infections. For example, IgY against rotavirus was protective against bovine rotavirus both in calves and in mice, whereas anti-*Escherichia coli* IgY reduced mortality in newborn piglets (8). Salmonellosis has been prevented both in neonatal calves and in a mice model. In humans IgY against *Streptococcus mutans* decreased caries when used as a mouth rinse (9) and anti-*Helicobacter pylori* IgY reduced *Helicobacter* infections (10, 11). The latter has been tested as a supplement in drinking yogurt (11), which shows the possibility of using IgY in functional food. Our group has performed the longest study of oral IgY treatment to humans by studying anti-*Pseudomonas* IgY to cystic fibrosis (CF) patients. They have been treated for up to 13 years. The treatment prevents *Pseudomonas aeruginosa* infections and

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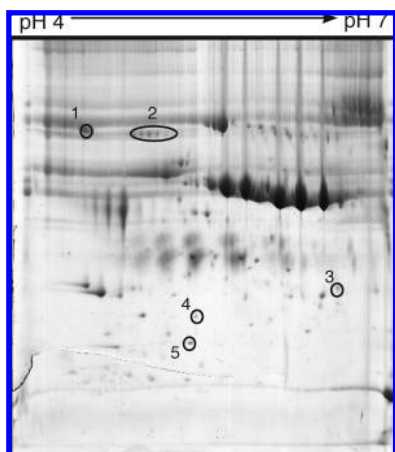
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**Figure 1.** 1D gel of nine IgY preparations: lane 1, protein standard; lanes 2–10, nine IgY batches purified from egg yolk with the water dilution method. The protein pattern was the same for all batches.



**Figure 2.** 2D gel of proteins in an IgY preparation. Due to the high dynamic range of the proteins it was hard to find an optimal concentration. Thus, some proteins are overrepresented, causing streaking. Five protein spots were identified from the gel: PIT-54 (1); hemopexin (2); Ig  $\gamma$  chain (3); similar to Niemann–Pick disease (type 2) (4); and transferrin (chain A) (5).

method was 0.7% at 3.3 mmol/L and 0.5% at 5.7 mmol/L. The total CV for the triglyceride method was 1.1% at 0.9 mmol/L and 1.1% at 2.2 mmol/L.

## RESULTS

**Reproducibility of Protein Content.** The protein content of 25 IgY samples was investigated by SDS-PAGE and colloidal blue staining (**Figure 1**). The same pattern was found both for the content and for the amount of proteins, independent of storage for different numbers of months at  $-20^{\circ}\text{C}$ . The protein concentration for all batches was around 1.8 mg of proteins/mL (C.V. 7%), as determined by Bradford assay.

**Protein Characterization by 2DGE.** An initial screening with a 2D gel with a pH range of 3–10 showed that almost all proteins were in the pH range of 4–7, and therefore this range was chosen for further analysis (data not shown). Many spots appeared on the gels, but there were also problems with streaking that disturbed the picture (**Figure 2**). Gels with samples from different IgY batches had a similar protein pattern.

Five proteins were identified with MS analyses of excised and trypsinated gel spots from 2DGE experiments. These findings include hemopexin, transferrin (chain A), PIT-54, similar to Niemann–Pick disease (type 2), and Ig  $\gamma$  chain.

However, protein identification was hampered due to the large dynamic range of protein abundances. Therefore, additional analytical strategies for protein identification were necessary.

### Protein Identification by NanoLC-MALDI TOF/TOF MS.

To gain further knowledge about the protein content of the here-described IgY preparations, we decided to apply another proteomic bottom-up approach based on nanoLC MALDI TOF/TOF MS. The results show identification of 21 additional proteins. The most abundant protein identities according to this method were  $\alpha$ -livetina (a serum albumin precursor), conalbumin (ovotransferrin precursor), ovalbumin, and vitellogenins 1 and 2 (**Table 1**).

**Lipids.** In the 16 batches investigated none contained  $>0.6$  mM of cholesterol, and all but two contained  $<0.5$  mM. Triglyceride levels were in the range of 0.43–2.68 mM (medium =  $1.39 \text{ mM} \pm 0.68$ ). Cholesterol levels are well below the reference interval for human cholesterol.

## DISCUSSION

Previous comparison between different purification methods for IgY has proved the water dilution method to be effective (5). The highest recovery and the highest yield were obtained by this method, and it was also the best for large-scale production, which is important for medicinal use when large quantities are needed. We have treated CF patients with anti-*Pseudomonas* IgY with promising results (12, 13). Because the antibodies were purified without the addition of any toxic products, anti-*Pseudomonas* IgY treatment is somewhere between a medical agent and a functional food. The WD method gives a high yield of IgY, and also other water-soluble proteins and some lipids. In this work the IgY preparations were characterized to get a better picture of what the treatment contains. The evaluation of components present after water dilution purification of egg yolks may help in identifying useful proteins in addition to IgY. The only precaution that should be taken for IgY as oral treatment is egg allergy. By defining the proteins in the water-soluble fraction, the risks are characterized.

There was a high reproducibility in protein content between the batches, with regard to protein pattern on 1D gels (**Figure 1**) as well as protein concentration. This confirms that the water dilution method for purification of IgY yields a consistent formula. IgY is very stable over time, and here it was also confirmed that the other proteins in the 1D gels were intact. In addition, the protein content did not change after freeze-drying or freeze-drying followed by storage at  $37^{\circ}\text{C}$  for 8 weeks.

In the IgY solutions there is a huge dynamic range concerning the protein concentrations that was problematic both for 2D electrophoresis and for nanoLC-MALDI TOF/TOF MS analysis. This is clearly seen on colloidal blue stained gels (**Figure 2**). It was therefore difficult to find an optimal concentration at which low-abundant proteins are visualized and high-abundant ones do not lead to streaking or hide the less abundant ones. Streaking could also be due to lipid and salt contamination.

Due to the large dynamic range concerning the protein concentrations, suppression of low-abundant analytes is a major challenge in proteomic analysis. Therefore, highly resolving and highly sensitive separation and detection methods are essential to increase the level of protein identification. The presented bottom-up strategy, based on enzymatic digestion of the whole sample followed by nanoLC coupled offline to MALDI TOF/TOF MS, has proven to be a powerful proteomic approach for profiling egg yolk proteins. In total, 21 proteins could be identified (**Table 1**). To obtain the best possible separation of the enzymatic cleavage products, a gradient elution optimization



